

# SHRI AMBIKA YOGA SEVA KENDRA

CONDUCTED BY: S.A.Y.N.K. II REGD. NO.: P.T.E. 13989, MUMBAI.

## श्री अंबिका योग सेवा केंद्र

FOUNDER: **P.P. HATHAYOGI NIKAM GURUJI** संस्थापक : परमपूज्य हठयोगी निकम गुरुजी  
Rothe Gaon, Kelve Road (w), Tal. & Dist. Palghar, Pin: 401401. | Tel. 8806069242, 9870748085.



### APPEAL FOR DONATION / CSR FUND

Our **Shri P.P. Nikam Guruji** head of **Shri Ambika Yoga Seva Kendra**, was intensely involved in the field of Yoga, Ayurveda, Spirituality and Social activities since 1950. He was genuinely interested in imparting ancient science of yoga to all, who were interested in learning yoga, without any expectations. His aim was to uplift the suffering of masses of the society. He always remained away from name, fame and publicity.

Under the guidance and blessings of Shri P. P. Nikam Guruji, we established **Shri Ambika Yoga Seva Kendra in 1993, in Rothe village of Kelve, Palghar district** to give the benefit to the poor and needy villagers as well as Yoga aspirants and suffering masses.

Shri Ajitbhai Pejawar, who was with Shri P. P. Nikam Guruji, since 1982, Shri P.P Guruji requested him to handle the activities of this Kendra accordingly, Shri Ajitbhai and his team started yoga activities in full-fledge, after Guruji left for heavenly abode in 1999.

Thereafter Shri Ajitbhai, with his dedicated Sevaks / Savikas of yoga team, accepted all the responsibilities of "Developing the Yoga Kendra in various ways".

We wish to give below the summary of the development of the kendra:

The total land area of Kendra is 22 gunthas and land purchased in the name of trust / kendra. The kendra is protected with proper fencing having five structures as indicated hereinbelow, surrounded by beautiful botanical garden with fountain.

- 1) **PUNDALIK DHAM** : This structure is in the name of **Shri P.P. Pundalik R. Nikam Guruji**, which includes office, kitchen, dining hall, etc; with residential rooms on 1<sup>st</sup> floor of Pundalik Dham.
- 2) **Guru Kutir / Parn Kutir** : This is the first structure where Shri P.P. Guruji always used to sit and guide the sevaks / sevikas. At present, we have installed a statue of Shri P.P. Guruji in the same place. Spiritual activities are conducted in this kutir like prayer, bhajans, chanting of mantra, reading of spiritual books, etc.
- 3) **Dhyan Kaksh** : This is the main attraction of kendra, the octagonal structure, Dhyan Mandir for shibirs, seminars, etc. for sevaks / sevikas and sadhaks for lectures.
- 4) **Anusaya Nikam Seva Sadan** : This structure is in the name of Guruji's wife, is being used for medical activities like OPD (Allopathy, Homeopathy, Yoga, Acupressure, Massage and Ayurvedic Treatment, etc. ) and Dental care.

# SHRI AMBIKA YOGA SEVA KENDRA

CONDUCTED BY: S.A.Y.N.K. II REGD. NO.: P.T.E. 13989, MUMBAI.

## श्री अंबिका योग सेवा केंद्र

FOUNDER: P.P. HATHAYOGI NIKAM GURUJI संस्थापक : परमपूज्य हठयोगी निकम गुरुजी

Rothe Gaon, Kelve Road (w), Tal. & Dist. Palghar, Pin: 401401. I Tel. 8806069242, 9870748085.



-2 -

This ANS Sadan, ground floor structure is with 7 rooms, are used as indicated below :

Mainly used for medical activities / treatment of patients and giving them medicines where experienced Doctors are involved in this free medical treatment to patients :

- 2 – Rooms used by doctors for check up and treatments
- 1 – Room for medical store room
- 1 – Room BP check up and pathological tests
- 1 – Room Dental care with chair
- 1 – Room Massage and Acupressure treatment
- 1 – Room Small room used for injection and dressing

- 5) **Meditation Room** : We have recently constructed a small spiritual Pyramid Centre in the premises of Kendra. This is useful for sadhaks who are interested in getting the cosmic energy and to do meditation.
- 6) **Main Activities of Kendra** : We conduct yoga workshops on various health issues like heart diseases, Backaches, B.P., Arthritis, etc. Yoga shibirs, Medical Aids, counselling parents / students, life styles, education and other activities. Conducting yoga sadhana classes for four months for ladies / gents/ students/ yoga aspirants in various places in Mumbai, Saphale, Palghar Schools / Colleges.

Apart from foregoing activities, we also give our premises to other NGO's for doing similar seva activities, who conduct health / eye camps, free distribution of useful items like umbrellas, blankets, food, to villagers who are poor.

We also hold NCC residential Camps for college students and educate them on Yoga activities, life style, selfless social services towards society.

Little away from Yoga activities since there was great need a demand from villager for English Medium school activities in the year 2010 – 11, with separate trust, Swami Vivekanand Education Pratisthan, imparting education to the needy and poor student. In various areas like sports, dance cultural activities, etc. Now about 100 – 150 students taking the benefits of free education in English, with free supply of dress, food, stationaries. Till date 500 to 750 students are benefited. We have very good response in the Educational field from the villagers.

Kendras activities are going for last 30 years uninterruptedly. Day by day our activities are growing and we find that present space / rooms, we are occupying are falling short. So we have taken up undone work of Anusaya Nikam Seva Sadan's (1<sup>st</sup> floor development).

# SHRI AMBIKA YOGA SEVA KENDRA

CONDUCTED BY: S.A.Y.N.K. II REGD. NO.: P.T.E. 13989, MUMBAI.

## श्री अंबिका योग सेवा केंद्र

FOUNDER: **P.P. HATHAYOGI NIKAM GURUJI** संस्थापक : परमपूज्य हठयोगी निकम गुरुजी  
Rothe Gaon, Kelve Road (w), Tal. & Dist. Palghar, Pin: 401401. | Tel. 8806069242, 9870748085.



-3-

Now this work consists of residential rooms for Sevaks / Sévikas, Yoga aspirants, visitors and guests.

New structure is being developed for giving guidance to sevaks / sevikas, sadhaks, in the field of yoga and spirituality. Those spiritual aspirants who want to stay and do their sadhana under proper guidance, we are constructing well furnished rooms with self contained facilities.

We also made provision specially for old people, who cannot climb staircase for them we are installing stair case lift.

To save the heavy electrical bills, we are planning to have solar eco-electrical system. We are also constructing three pyramids in the open space of lobby for cosmic energy for healing the ailments. This is being done purely on experimental basis. We will also be providing separate counselling room.

We have also made special rooms for sanchalak, who will be available 24 hours to serve the needy and sick patients.

Our new construction is of 2200 sq. feet, includes self contained well furnished rooms of different sizes.

So we are looking out for your valuable financial support vide CSR fund / donations and will prove to be a boon to the Kendra / Trust to serve the masses.

<u>Particular of rooms</u>	<u>Apprx. Size</u>	<u>Require fund (CSR / donation)</u>
- Self contained two rooms, With hall, kitchen, counselling / Sadhana room (for sanchalak, who are available for 24 hours)	1000 sq.ft.	Rs.12.00 lakhs
- Self contained one room with hall (for guest / yoga aspirant / sevaks Overnight stay)	350 sq.ft.	Rs.5.00 lakhs

# SHRI AMBIKA YOGA SEVA KENDRA

CONDUCTED BY: S.A.Y.N.K. II REGD. NO.: P.T.E. 13989, MUMBAI.

## श्री अंबिका योग सेवा केंद्र

FOUNDER: P.P. HATHAYOGI NIKAM GURUJI संस्थापक : परमपूज्य हठयोगी निकम गुरुजी  
Rothe Gaon, Kelve Road (w), Tal. & Dist. Palghar, Pin: 401401. | Tel. 8806069242, 9870748085.



-4-

<u>Particular of rooms</u>	<u>Apprx. Size</u>	<u>Require fund (CSR / donation)</u>
- Self contained one room (for care taker)	160 sq.ft.	Rs. 2.50 lakhs
- Self contained one room	130 sq.ft	Rs. 2.00 lakhs
- Electrical stair case lift for Old persons	one unit	Rs. 2.00 lakhs
- 5kw solar eco-electrical system for Green electricity for Kendra	1 unit	Rs. 3.00 lakhs

All the rooms will have common lobby with three pyramids on it for spiritual sadhana.

Those who wish to sponsor / donate the amount for the aforesaid specified flats / rooms, names of donors will be engraved as per their wish.

Thanking You

(P.G. Patil)  
Hon. Secretary

Please Note:

For CSR fund pl. contact Hemakant Kini (9270255773) Swami Vivekananda Educational Pratishathan (Regd.)